



Limits of Confidentiality

The content of our hypnotherapy session(s) shall be kept confidential unless you provide written consent to have all or portions of such content released to a specific person. There are, however, some exceptions under California State Law. These exceptions include: (1) disclosing the intent to hurt yourself, (2) disclosing the intent to hurt someone else, an animal, or property, (3) reasonable suspicion that you are putting a minor (person 17 and under) at risk of physical, emotional, or sexual abuse, (4) reasonable suspicion that you are putting a senior citizen (person 65 and older), or dependent adult at risk of physical, emotional or sexual abuse. In any such cases, I am obliged to promptly alert the property authorities in order to protect you and/or people (or people's property) at risk. The type of information that may be requested includes: dates/times of service, treatment plan, and progress notes.

Occasionally, I may need to consult with other professionals in their areas of expertise in order to provide the best treatment for you. Information about you may be shared in this context without using any identifiable information, such as your name or place of employment, in order to protect your right to privacy. If we happen to see each other outside of the therapy office, I will not acknowledge you first so that your right to privacy and confidentiality may be preserved. However, if you acknowledge me first, I will be more than happy to speak with you briefly, but it may be inappropriate to engage in any lengthy conversation beyond small talk in public or outside of the therapy office.

While it is the practice of Hypnotherapists to keep information confidential, information revealed in hypnotherapy is not subject to the psychotherapist-patient privilege. A court may order disclosure of information learned in therapy.

Client Name (please print): _____

Client Signature: _____ Date: _____